Growing Volunteers
Be A Friend to
Somebody who Needs One

For youth ages 7-17 and their adult mentors
Take 2-3 hours from your week to go for a walk, share computer tips, and be creative with visiting an elderly person
Hang out with a local senior

How it works

Together with a parent, grandparent, or other adult mentor, you will pay friendly visits to the older person we have carefully matched you with.

You will visit at the elder’s home and/or at assisted living facilities.

You will be provided with a “Fun Kit” filled with tools to make your visits easy and enjoyable.

By doing a friendly visit, the family caregiver can have a short break to do something for him or herself. So, the time you volunteer is great for you, the elderly person and the caregiver!

Call Carey at the Caregivers Community Network to sign up today!

(540) 568-3462